Welcome to 2015, although we are well into our academic year now. Things in and around Psychology have been busy and it is great to see the students back and new faces. We trust that you have all enjoyed your first term and also your first break, and now we are back into the 2nd half of Semester 1!

The next newsletter will likely be available at the end of May please have all items to Robyn Daly robyn.daly@canterbury.ac.nz no later than Friday 22 May 2015.

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Awards & Accolades

Congratulations to Dr Eileen Britt who was once again nominated for the University teaching award.

Congratulations to Michelle Downs-Woolley (PhD) who was one of the only two recipients of the David Caul Graduate Research Award from the International Society for the study of Trauma and Dissociation. Michelle won the grant to support her PhD research on overgeneral memory and dissociation.

Henrieta Hamilton Skurak is the recipient of a PhD Scholarship for tuition fees and stipend under the supervision of Dr Joana Kuntz and Assoc. Prof. Katharina Naswall, funded by the Earthquake Commission to work on a project titled “Developing resilient employees to build resilient communities”.

Congratulations also to Alexis Keeman who is the recipient of an APSY Masters Scholarship for tuition fees and stipend under the supervision of Assoc. Prof. Katharina Naswall, Dr Joana Kuntz and Dr Sanna Malinen, and funded by the Mental Health Foundation to work on a project titled “Well-being game evaluation”.

Geoff Sutton is the recipient of a PhD Scholarship for tuition fees and travel under the supervision of by Dr Joana Kuntz and Assoc. Prof. Katharina Naswall, funded by SBS Bank for a project looking at “Leadership Development”.

Congratulations also to Karen Tonkin who is the recipient of a Masters Scholarship for tuition fees and stipend under the supervision of Drs Sanna Malinen, Katharina Naswall and Joana Kuntz, funded by IBM New Zealand to work on a project titled Building employee resilience through wellbeing in organisations”.

Signe Uldall Wiingaard (PhD) was awarded the student prize for best presentation at the New Zealand College of Clinical Psychologists (NZCCP) Conference held recently in Auckland. The title of her presentation was “Inter-video therapy and common therapeutic factors”.

Newsletter Housekeeping
This newsletter is for both staff and PG Students to contribute to, so the next time you are out there doing exciting, interesting and stimulating things, take your camera. We would like to hear about it.

- Distribution is normally monthly.
- Before submitting an item, if it involves someone other than yourself, make sure that you have the permission of the other person(s) involved.
Staffing News

Some of our academic staff colleagues are currently on Study Leave.

Professor Simon Kemp started his leave on 1 January and after spending the first couple of months here in Christchurch he left to continue his research collaborations in Hong Kong and China in March, then went on to The University of Cologne for the bulk of his leave collaborating with colleagues and researching how laypeople think about the economy, among other research opportunities. He will finish his Study Leave off by attending the International Association for Research in Economic Psychology Conference in Sibiu, Romania. Simon returns to UC for the commencement of Semester 2.

Assoc. Prof. Katharina Naswall commenced her Study Leave on 1 January. She has taken this opportunity to concentrate on her research and is currently away at two conferences. She will be presenting a platform paper entitled “Change from the inside: Research-informed but organization-driven intervention to promote worker well-being”, at the 2015 Work, Stress, and Health Conference in Atlanta at the beginning of May. She will also be chairing a symposium and presenting a paper entitled “Resilience in the workplace: Leading through change and challenges”, at the European Association of Work and Organizational Psychology (EAWOP) Congress in Oslo later in May.

Erskine Visitors

It was great to have two Erskine Visitors here during the first part of this year.

Professor Rosemary Tannock returned to UC for another Erskine Visit. She was here during our Earthquake on 22 February 2011 and wasn’t deterred by that, returning to resume her Erskine in 2012. She is a Senior Scientist at The Hospital for Sick Children (SickKids) and the University of Toronto. During her stay she was very involved in teaching into the Clinical Programme, also into PSYC207 Developmental Psychology and presented a Department Seminar, entitled “What colour is this dress?”

We also welcomed back Joseph (Joe) Wallace, who was a visitor here in March 2013. Joe is an emeritus faculty member of the Department of Personnel and Employment Relations at the University of Limerick, Ireland. He, once again, presented a Special Topic in our MSc In Applied Psychology Programme and presented a Department seminar entitled “The reality of industrial discipline: The persistence of class bias in the absence of collective responses.”
Leave and Conferences

Assoc. Prof. Martin Dorahy attended the International Society for the Study of Trauma & Dissociation (ISSTD) Annual Conference held in Orlando, Florida in April. He presented a paper entitled “Auditory hallucinations in dissociative identity disorder with and without ongoing abuse and schizophrenia”.

Professor Randolph Grace will be attending the Society for the Quantitative Analyses of Behavior (SQAB) Conference to be held in San Antonio, Texas in May. He will be presenting an invited paper entitled “An expectancy-based decision model for choice in concurrent chains”.

Professor Brian Haig attended the International Convention of Psychological Science held in Amsterdam in March. He chaired a symposium on “Advancing the Construction of Psychological Theory” and presented a paper as well.

Ann Huggett attended the NZ Mindfulness Facilitators and Teachers Meeting in Dunedin in March. It was a great opportunity to share a vast wealth of practitioners experience in this area.

Dr Joana Kuntz will be attending the European Association of Work and Organizational Psychology (EAWOP) Congress to be held in Oslo in May. She will be presenting a paper entitled “Resilience in the workplace: Leading through change and challenges”.

Professor Julia Rucklidge will be attending two conferences in May. She will be presenting a paper entitled “Mineral-vitamin combinations as primary treatment of psychiatric symptoms” at the American Psychiatric Association Conference in Toronto Canada and also presenting the same paper at the American Psychological Society Conference in New York.

Signe Uldall Wiingaard attended the New Zealand College of Clinical Psychologists (NZCCP) Conference held in Auckland in March. As mentioned previously she presented a paper entitled “Inter-video therapy and common therapeutic factors”.

Liz Waugh attended the New Zealand College of Clinical Psychologists (NZCCP) Conference held in Auckland in March.

Jon Wiltshire recently travelled to Melbourne to attend a training seminar and networking session with Training Systems Australia and learn more about the future of robots for both Research and Industry and in particular around “Baxter” our research robot.

Dr Kumar Yogeeswaran recently attended the Society for Australasian Social Psychologists Inc Conference held in Newcastle, Australia. He presented a paper entitled “Temporal distance moderates impact of diversity policies on majority group self-esteem and out-group prejudice.”
PhD Congratulations

Congratulations are due to Heather Gordon, who recently ably defended her PhD thesis. The work, entitled ‘An investigation into the effects of micronutrients on mood and behaviour in children with attention-deficit/hyperactivity disorder (ADHD): A pilot study using a single case ABABA design with six-month follow-up’, was praised by her examiners, Professor Mary Fristad (Ohio State University), and Professor Andrew Scholey (Swinburne University). Heather’s primary supervisor was Professor Julia Rucklidge, and her associate supervisor was Professor Neville Blampied. Professor Brian Haig was the Oral Chair.

Congratulations are also due to James Perry who this week, ably defended his PhD thesis. The work, entitled “Progesterone and the striatal 6-hydroxydopamine model of Parkinson’s Disease”, was praised by his examiners, Dr Jian Guan (Liggins Institute, University of Auckland), and Dr Iqbal Sayeed (Emory University). James’ primary supervisor was Professor John Dalrymple-Alford, and his associate supervisor was Professor Rob Hughes. Professor Julia Rucklidge was the Oral Chair.

Thesis Congratulations

Congratulations to Angela Berliner who was recently awarded her MA with Distinction for her thesis entitled “A history of Psychology in New Zealand: Early beginnings 1869—1929”.

Congratulations to Ellie Kay who was recently awarded her MSc with Distinction for her thesis entitled “Social facilitation in national basketball teams.”

Congratulations to Joanna Lothian who was recently awarded her MSc with Distinction for her thesis entitled “A pilot investigation into the effect of a micronutrient supplement on symptoms of insomnia in an adult population.”

Congratulations to Stephanie Mercer who was recently awarded her MSc with Distinction for her thesis entitled “Enrichment facilitates recovery of spatial memory but not retrosplenial immediate gene hypoactivation after anterior thalamic lesions.”

Congratulations to Ellie Perniskie who was recently awarded her MA with Distinction for her thesis entitled “Comparison of a virtual-reality test of executive function with standard executive function tests and their ecological validity”.
MSc Apsy Psychology Congratulations

Congratulations to the MSc in Applied Psychology Dissertation students who recently received their awards and also graduated in April.

Zhania Anindya was awarded her MSc with Second Class Honours, Division II for her Dissertation entitled “The relationship between policies availability, policies awareness and supervisor support to employee work-life balance and work-family conflict”.

Katharine Bolton was awarded her MSc with Second Class Honours, Division I for her Dissertation entitled “Role-based trust: The effect of collector identification on trust and donating behaviours”.

Anna Dediu was awarded her MSc with Second Class Honours, Division II for her Dissertation entitled “Tall Poppy Syndrome and its effect on work performance”.

Nicola Hancock was awarded her MSc with First Class Honours, Division I for her Dissertation entitled “Symbols of recovery: The impact of earthquake images on vigilance”.

Tessa Jamieson was awarded her MSc with First Class Honours for her Dissertation entitled “Do employee resilience and autonomy buffer the negative effects of work demands?”

Cherry Li was awarded her MSc with Second Class Honours, Division I for her Dissertation entitled “Psychological contract fulfilment, employability and work attitudes.”

Queyn Nguyen was awarded her MSc with First Class Honours for her Dissertation entitled “The relationship between leader’s behaviours and employee resilience: The moderating roles of personality traits.”

Amelia Nichol was awarded her MSc with Second Class Honours, Division I for her Dissertation entitled “Examining employees perceptions of workplace health and well-being promotion initiatives.”

Fleur Pawsey was awarded her MSc with First Class Honours for her Dissertation entitled “Fit employees: Fit organisations—What happens when organisations support employees in their personal fitness goals?”

Stella Seyb was awarded her MSc with First Class Honours for her Dissertation entitled “Emotional appeals: The effects of donation button design on donor behaviour.”

Alexander Woodham was awarded his MSc with First Class Honours for his Dissertation entitled “The use of head mounted (HMDs) in high angle climbing.”
New PhD Students

Welcome to our new PhD students. Good luck with your studies and we look forward to your involvement in our Department. Further to our 15 doctoral enrolments in 2014, we also have some new PhD students and some have upgraded.

**Viviana Cedeno Bustos** recently enrolled in a PhD under the supervision of Assoc. Prof. Chris Burt. Her research is looking at the development and mapping of a young professional mapping scale.

**Michelle Downs-Woolley** has upgraded her MSc thesis to a PhD. She is working with Assoc. Prof. Martin Dorahy and Professor Simon Kemp in the research area of “Overgeneral autobiographical memory and dissociation.”

**Jeremy Goh** recently enrolled in a PhD working with Professor John Dalrymple-Alford. He will be undertaking research in the area of physical and cognitive intervention and dementia risk in Parkinson’s disease.

**Henrieta Hamilton Skurak** recently enrolled in a PhD under the supervision of Dr Joana Kuntz, Dr Katharina Naswall and Dr Sanna Malinen. You will see on the front page Henrieta is also the recipient of a Doctoral Scholarship from the Earthquake Commission. Her research is around community resilience.

**Hannah Retallick-Brown** has upgraded her MSc thesis to a PhD. She is working with Professors Julia Rucklidge and Neville Blampied on her research titled “A natural approach to treating premenstrual complaints: A randomized control trial comparing Vitamin B6 to a Broad Spectrum Micronutrient formula.”

**Saleha Siidiqua** recently enrolled in a PhD under the supervision of Dr Ewald Neumann. We welcome Saleha and wish her well for her research in the area of inhibitory mechanisms in bilingualism and memory.

**Geoffrey Sutton** recently enrolled in a PhD under the supervision of Dr Joana Kuntz and Dr Katharina Naswall. You will see on the front page he is also the recipient of a Doctoral Scholarship from SBS. His research is on “Triad traits and the impact on leadership effectiveness and resilience”.

Recent Publications

UCPsyc

UCPsyc is a club that was initiated in 2011 to represent Psychology students and all that they have to offer. They provide the members with the opportunity to attend academic events, industry and networking events, and social events throughout the academic year.

- Academic events include help nights, tutoring sessions and quizzes to further one’s understanding of the various undergraduate courses. These events are hosted by very capable academic reps who have been through it all before, and are able to offer that extra bit of assistance.
- At the industry and networking events, people are able to see what Psychology positions are available in a variety of disciplines, and they are able to make those all-important connections with those already in the industry.
- They host a variety of fun social events, including the famous bus trips, the annual cocktail party, fun quiz nights, casual drinks and many more.

Their main emphasis is on providing members with valuable support, for everyone, undergraduate and postgraduate alike, by way of seminars, guest lectures and social gathering, where people can get to know one another outside of the formal setting of the class room.

Check them out on Facebook (just search UCPsyc) or on the website (ucpsyc.co.nz).

Health & Safety

Other Health and Safety information is below:

- Visitors and Contractors must be inducted to the Department at all times. The paperwork is located at the Main Office.
- If you are involved in a Health or Safety incident at work all reports are filed and sent to H&S Central, but they are also the basis of discussion for the Department and sometime higher Health and Safety Committees. These reports are not confidential but they are no-fault documents, and the idea is to use them to make work-life healthier and safer. Event reports must be signed off by the H&S Chair—Simon and/or must be reported to the H&S Committee.
- The H&S Reform Bill in NZ is available at Health & Safety Reform Bill: Are You Ready? (PDF)
- NZ Emergency Service 1-111
- UC Security = Emergency on Campus 6111 or 0800 823 637
- UC Non-emergency = 6888
- The Health & Safety Toolkit on the intranet is https://intranet.canterbury.ac.nz/hs/toolkit/index.shtml
- The Department H&S Action Plan is available for staff on Y drive and also available on the Department website http://www.psyc.canterbury.ac.nz/health%20and%20safety.shtml
- The Health & Safety Reform Bill in NZ is available at Health & Safety Reform Bill: Are You Ready? (PDF)
- NZ Emergency Service 1-111
- UC Security = Emergency on Campus 6111 or 0800 823 637
- UC Non-emergency = 6888
- The Health & Safety Toolkit on the intranet is https://intranet.canterbury.ac.nz/hs/toolkit/index.shtml
- The Department H&S Action Plan is available for staff on Y drive and also available on the Department website http://www.psyc.canterbury.ac.nz/health%20and%20safety.shtml
Space News

As you are aware, the Clinic was relocated to Level 7 of our Staff Block during the remediation process of the Geography Staff Block. Last week they moved back into their remediated, rejuvenated clinic space. It is looking very classy and the staff are pleased to be back in more salubrious surroundings. If you are out and about, drop in and check it out. They would love you to stop by. We have included some photos so you can see the results.

Geography academic staff members who were “camped” in our student spaces on Level 4 of the Lab Block, have now also returned to their own spaces, which I am sure they are happy about. This means we have the student spaces back to allocate for Doctoral and thesis students. The shift into these offices will commence on Monday and affected students have been informed of this.

Once we have relocated the students from Level 7 of our Staff Block, and cleared it of our furnishings etc, it will be handed back to UC generally to be used for other decant purposes. The surrender of this floor was agreed to last year and is now able to go ahead.
Former Student Publishes....


Job Opportunity

A person is wanted to take an elderly gentleman on outings by car 3 or 4 times a week. Each outing would be about an hour in length and consist of driving to a location and back and perhaps including coffee at a café. Payment would be $25 per hour plus 50 cents per kilometer and expenses as agreed.

If you are interested in this, please contact Audrey.mckinlay@canterbury.ac.nz

In the News ..

Back in early March I attended the Marriotts Hadlee Sports Awards Dinner at the Wigram Airforce Base on behalf of netball. Who should I see there … Eileen Britt was a guest of honour having being nominated in the Sports Administrator of the Year Award for her involvement (obviously considerable) in Ice Speed Skating. Congratulations Eileen, obviously your dedication to the sport is very much appreciated and valued.

There was also another connection to our Department by way of Brian Haig’s son Nick Haig having been nominated for Canterbury Sportsman of the Year Award as part of the NZ Black Sticks. A very deserved nomination for such a successful year for Nick and Black Sticks. Hockey was very well represented across numerous nominations. The eventual winner of this category was Anton Cooper, a cross-country cyclist.
Clinical Orientation—Photographic Evidence

Each year the 1st year Clinical students are welcomed at an orientation function which outlines what they are to expect during their time as a Clinical student.

At this event there is an annual competitive petanque clash between clinical staff and students contesting for the ‘Clinical Cup’. Despite early tactical planning and early optimism from the staff (pic 4), the students amazing ability and skill let them to the top of the table to take out the cup for 2015. Hahna Retallick-Brown and Simon Goss representing the students, Liz Waugh and Eileen Britt representing staff.

Early tactical planning

Expert concentration Simon

A winning technique from Hahna

Ever the optimist Liz!

2015 Clinical Cup Winners