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Seasons Wishes

The Staff of the Department of Psychology wish all our students and supporters a very Merry Christmas and Happy New Year. Enjoy the time with your family and friends, take time to recharge your batteries and we will see you in 2019 for another busy year.

Our Department Administration Christmas Hours are as follows:
- Friday 21 December 1.00pm—close for the year

New Book


This book applies a range of ideas about scientific discovery found in contemporary philosophy of science to psychology and related behavioral sciences. In doing so, it aims to advance our understanding of a host of important methodological ideas as they apply to those sciences. Topics covered include: scientific realism, truth, scientific method, grounded theory, clinical reasoning, evolutionary psychology, and quantitative methods.
Staffing News

Retirements
This month we farewell two long-serving staff members who are retiring from the Department.

Professor Brian Haig leaves us on Friday 21 December to commence his retirement. He was farewelled at a Department function on 6 December. Brian started his career at UC in 1973 in the Department of Education and in 1989 he transferred to Psychology. During his time in our Department he took on many responsibilities and was Acting HoD more than once and an active member of many of the Department Standing Committees. He is also an accomplished author, writing 4 books in recent years. He was recently granted Emeritus Professor status, so we won’t be losing him from the Department entirely. Thank you Brian for your contribution to Psychology at UC.

Janet Cumberpatch, Psychology Centre Administrator, leaves us on Friday as well to commence her retirement. Janet also began her UC association in the College of Education and had various roles; Administrator for the School of Professional Development—Community; School of Professional Development—Special education; Counselling Service and Learning Development Unit and then Enrolments and Records for Secondary Education. After these roles in the College of Education, she joined the Psychology Centre as Clinic Administrator in 2007 where she has guided the team of Clinical Educators through various changes. A well deserved retirement coming up and we look forward to watching (from not too far away) exactly what she and John get up to.

Janet was farewelled by a large group of both Psychology and College of Education colleagues on 12 December.

Resignation
It was with sadness that we farewelled Liz Waugh in October, the Psychology Centre Director. We will miss her enthusiasm and infectious sense of humour.

Liz, almost without fail during her time at UC, was nominated in the UCSA Staff of the Year Award as part of the Lecturer of the Year Awards. Just as she decided to move in a different direction she was rewarded in 2018 by being awarded a special award where students created the award specifically for her. It was the “One Hit Wonder Award” and the rationale for that is “Liz Waugh only lectures once during the year at the undergraduate level, but she ensures it is a blockbuster! Liz addresses sex and gender identity disorders but in fact uses this lecture to discuss anything and everything in relation to being a healthy sexual being. This included discussions on foot fetishes, sex toys and showing us cartoon karma sutra”.

Liz has moved into private practice as a Clinical Psychologist.

Thank you Liz for all that you contributed to the Psychology Centre and also the Department in general, and obviously UG students, who I am sure will miss your lecture. Liz also taught at the PG level in the PGDipClinPsyc, where I am sure her lectures were just as interesting.

All the best for your new business.
Staffing News (Continued)

New Clinic Director Appointed

We are excited to announce that Dr Neil Thompson has been appointed as the Psychology Centre Director, replacing Liz Waugh. Neil commenced his role on Monday 10 December.

Neil was a Clinical Educator in the Department of Psychology prior to this appointment.

The replacement for the Clinical Educator position will be advertised early in January 2019.

Promotions

Congratulations to the following successful promotion recipients:

- Joana Kuntz—to Associate Professor
- Janet Carter—awarded a progression in the Professor Rank
- John Dalrymple-Alford—awarded a progression in the Professor Rank

Other Staffing News Snippets

The Autism and Sleep Research Group, led by Dr Laurie McLay (Health Sciences) has received a Marsden Grant for the project titled “Are genes all that matter? Investigating the role of the environment and learning-based therapies in treating sleep problems in children with rare genetic neurodevelopmental disorders”. Assoc. Prof. Karyn France is an Assistant Investigator and Professor Neville Blampied is a consultant on the grant.

Assoc. Professor Anthony McLean has announced he will be retiring in 2019. He will finish up at the end of January.

Congratulations to Dr Sarah Christofferson who is the recipient of a Ministry of Social Development research grant for her project “Helping them before they harm: A proposal for prevention”.

This grant project is working with Dr Gwenda Willis (University of Auckland), Jacinta Cording and Dr Moana Waitoki (University of Waikato).

Jon Wiltshire is a co-author in a publication with Ailsa Humphries and Zhe Chan titled “Where is the antipriming? A failure to replicate”.

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PhD Congratulations

Congratulations to the following recently completed PhD's. All the best for what the future holds for you all.

**Dr Hahna Retallick-Brown**, successfully defended her PhD titled “A randomised control trial comparing the effectiveness of a single nutrient versus a broad spectrum micronutrient formula in the treatment of premenstrual syndrome” in August. The examiners Dr Tamlin Conner (University of Otago) and Professor Elizabeth Bertone-Johnson (University of Massachusetts, Amherst), praised the thesis as a thorough, detailed and high quality piece of work. Dr Conner was present for the oral examination and commented that she was impressed, both with the thesis and with Hahna’s defence, that Hahna was highly engaged in her material and has done an excellent job.

Hahna’s supervisors were Professors Julia Rucklidge and Neville Blampied Dr Virginia McIntosh was the Oral Chair.

**Dr Adekunle (Tosin) Olateju** successfully defended his PhD thesis titled “Investigating the impact of high-performance work practices on project success” in August. The oral examiner was Professor Peter Boxall from Auckland University.

Tosin’s primary supervisor was Associate Professor Joana Kuntz and the secondary supervisor was Associate Professor Venkatakruman Nilakant from the College of Business & Law. Dr Zhe Chen was the oral chair.

**Dr Aman Bedi** successfully defended his PhD thesis titled “Perceptual or motor de-coupling? An investigation into the Genesis of Errors in Sustained Attention to Response Task” in October. The oral examiner was Dr Liana Michado (Otago University) and she was particularly impressed by Aman’s demonstrated expertise on the topic.

Aman’s primary supervisor was Paul Russell, assisted by Prof. Deak Helton and Dr Zhe Chen. Dr Ewald Neumann was the oral chair.

**Dr Yu-Chin (Annie) Hsiao** successfully defended her PhD, titled “An experimental investigation of the secretary problem: Factors affecting sequential search behaviour” in October. The external examiners were Doug Elliffe (Auckland University) and Peter Earl (University of Queensland).

Annie’s primary supervisor was Prof. Simon Kemp and Dr Zhe Chen was the oral chair.

**Dr Gökçe Yılmaz Akdoğan** successfully defended her PhD, titled “To intervene or not to intervene: Effects of behavioural sleep interventions on infant attachment quality” in November. Her external examiner was Professor Jody Mindell (St Joseph’s University, Philadelphia) and oral examiner was Professor Michael Gradisar (Flinders University, Adelaide). In Professor Mindell’s report she stated that the literature review was beautifully written and incredibly well-organized and Professor Gradisar remarked that the thesis was the first research study to measure both sleep and attachment (and with multiple methods), and thus answers a very important scientific question that has very important ramifications for humankind. To this end, the thesis clearly adds new knowledge, and she has executed this study exceptionally well.

Gokce’s supervisors were Associate Professor Karyn France, Professor Neville Blampied and Professor Michael Tarren-Sweeney. The oral chair was Professor Ray Kirk.

**Dr Susan Rapley** successfully defended her PhD thesis recently titled “Identification of c-type natriuretic peptides as a novel target in age-related cognitive decline”. Her examiners were Dr Anna Mitchell (University of Oxford) and Associate Professor Jian Guan (University of Auckland).

Susan’s supervisors were Professors John Dairymple-Alford and Eric Espiner (University of Otago). The oral chair was Dr Ewald Neumann.
Recent Publications


Hughes, R.N. (2018). Sex still matters: has the prevalence of male-only studies of drug effects on rodent behaviour changed during the last decade? Behavioural Pharmacology DOI: 10.1097/FBP.0000000000000410.

Hughes, R.N. (September, 2018). Stimulant abuse during adolescence: Subsequent effects on behaviour. 50th Jubilee Conference of the NZ Psychological Society, Auckland.


Psychology Prizes 2018

Congratulations to the following students who were the 2018 recipients of Psychology prizes.

Photo of our prize winners who were able to attend our “Celebrating Success” function last evening are from l-r: Eryn Turner, Danielle Lowden, Ellen Turnbull, Elizabeth Collins-Abernethy, Cate Woods, Elise McLeod, Jemima Ganderton, Anneke Hoogervorst, Francesca Beaton, Usman Afzali, James McKie. Those who couldn’t make it were: Jack Hassell, Grace Wynne-Ewens, Andrew McGahan, Joshua Leota.

Larry Kokkinidis 400-level Psychology Prize

The Larry Kokkinidis 400-level Psychology Prize for 2018 for our top achieving 400-level Psychology student has been awarded to Danielle Lowden. There were also three very highly commended students in this category, Usman Afzali, Joshua Leota and Ellen Turnbull.

Professor Larry Kokkinidis was a member of the Department of Psychology staff from 1998 through until his death in 2006. During his time at Canterbury, Professor Kokkinidis welcomed the opportunity to work with postgraduate students and in particular was the Postgraduate Courses Coordinator for a number of years.

MSc in Applied Psychology Part I Prize

The MSc in Applied Psychology (APSY) Part I Department Prize for 2018 has been awarded to Elise McLeod.

This is awarded to the top achieving student) in Part 1 APSY Papers and awarded by the Director of MSc in Applied Psychology.
Psychology Prizes (Continued)

Undergraduate Prizes

Top Stage One Student (PSYC105/106)
- Francesca Beaton

Outstanding Achievement Stage 1 Prize (PSYC105/106)
- Elizabeth Collins-Abernethy
- Jack Hassell
- Cate Woods

Stage 2 Prize:
- Eryn Turner (top Stage 2 Student)
- Jemima Ganderton
- Grace Wynne-Ewens

Stage 3 Prize:
- Anneke Hoogervorst (top Stage 3 Student)
- Andrew McGahan
- James McKie

2019 Teaching Assistant Positions

Expressions of interest are now being invited for the roles of Teaching Assistant (TA) positions for Psychology courses in the 2019 academic year.

In selecting TA’s, the following factors will be taken into account:
- Academic expertise which should include a high standard of written English.
- Preference will be given to Postgraduate students.
- The appointment is usually dependent on the applicant being enrolled or showing clear intention to enrol in a recognized course of study in the Department of Psychology in 2019.
- Relevant experience (this may be an advantage, but applicants with no previous experience are encouraged to apply.
- The results of TA evaluations in conjunction with Course Convenor’s comments on these results (where available).
- Administrative efficiency
- Ability to get on with a variety of people.

Links for the applications are available below:
- TA Coordinator(s) in PSYC206, 207, 346, here
- TAs for PSYC105, 206, 207, 209, 339, 346, 460, here
- TA for PSYC335, here
- TAC for PSYC333, here
- TA for 333 and 336, here

Closing date for the Teaching Assistant roles is Monday 21 January 2019, 5.00pm.

Information on applying through Peoplesoft is available here.
Clinical News

Congratulations to the following students who were selected and have accepted their places in the PGDipClinPsyc programme commencing 2019:

- Brogan Barr
- Hayley Bradley
- Georgina Davis
- Gareth Faulkner
- Taryn Hale
- Jenna Heins
- Brooke Johnson
- Hannah Jones
- Tom Nolan
- Elizabeth Shepherd
- Tamara Smolinski

December PhD Scholarships Awarded

Congratulations to the following Psychology students who awarded PhD Scholarships in December

- Usman Afzali
- Brogan Barr
- Tina Yee

This also follows on from PhD Scholarships awarded in May to our Psychology Students.

- Ailsa Humphries (Canterbury Scholarship)
- Kristin Mclennan
- Natasha Zimmerman

Office Space for 2019

Each year we endeavour to accommodate our PhD, Thesis and Dissertation students with some desk space to undertake their research. Due to the large number of students enrolled in these programmes it can prove to be a juggling act.

If you wish to apply, or reapply, for space in the Department to undertake your research you will need to complete an application form and return it to Robyn Daly no later than 11 February 2019. The form is available on our website here. [Click on “Forms and Guidelines” section.]

College of Science Social Media

Keep up with the news and information from the College of Science by following them on Twitter and Facebook.
Leave and Conferences

Professor Julia Rucklidge has had a busy time overseas and at home during the latter part of the year. She gave a talk in London in October to the Food for the Brain Foundation titled “What is nutrition would treat mental illness?” Talk for Food for the Brain Foundation, October 3rd, 2018. She has also given four keynotes:


NZ Association for Behaviour Analysis Conference, University of Auckland, September 2018

We had a good representation from UC at this conference back in September. “Faking good” or real improvement following behavioural treatment of pediatric sleep disturbance (PSD)? Neville M. Blampied, Shannae Wilson, Karyn France.


Effects of acute and chronic methamphetamine on choice in delay and probability discounting. Randolph Grace.

Learning of perceptual relationships with implicit or explicit instructions and feedback. Kate Stuart.

Celebrating Student Success/News

This column is where we would like to celebrate our student successes and hear about the things that are going on away from studies and also as a result of your studies. Please send me any information you have to be included.

Congratulations to Monika Sargayoos who was the recipient of the CMRF/UC co-funded Summer Scholarship. She will be working on a project on Maternal Mental Health in Opioid Dependent Women.

Fleur Pawsey (PhD student) recently took part in the World Championship of Adventure Racing held in Reunion Island (Fr.) in the team Avaya which won and are currently the top ranked team in the AR World Ranking on 600 points.
Thesis Congratulations

Congratulations to **Hamish Bates** who was recently awarded his MA for his thesis titled “Motivation, personality and Pokemon: A Personal Project Analysis (PPA) investigation into motivation and exercise gaming”.

Congratulations to **Chloe Black** who was recently awarded her MSc with Second Class Honours, Division I for her thesis titled “Predicting recidivism among an adult male child sexual abuse imagery offender population with Child Pornography Offender Risk Tool Short Version (CPORT-SC): A New Zealand validation study”.

Congratulations to **Julie Cox** who was recently awarded her MA with Distinction for her thesis titled “Using video peer-modelling and video self-modelling to improve adaptive behaviour of students with Autism Spectrum Disorder”.

Congratulations to **Harriette Culling** who was recently awarded her MSc with Second Class Honours, Division I for her thesis titled “Informing the prevention of child sexual abuse: Comparing convicted offenders and minor-attracted persons”.

Congratulations to **Nikita Dow** who was recently awarded her MSc with First Class Honours for her thesis titled “Procrastination, stress and sleep in tertiary students”.

Congratulations to **Beth Elias** who was recently awarded her MA with Distinction for her thesis titled “Effects of cognitive and physical enrichment on measures of autobiographical memory and theory of mind in non-MCI Parkinson’s patients”.

Congratulations to **Michael Howell** who was recently awarded his MSc with Distinction for his thesis titled “Implicit theories of child sexual exploitation material users: Can they differentiate those also at risk of contact offending?”

Congratulations to **Emma Jordan** who was recently awarded her MA with Distinction for her thesis titled “Social competence of children prenatally exposed to methadone, aged 9.5 years”.

Congratulations to **Elizabeth Kiddie** who was recently awarded her MA with Distinction for her thesis titled “The ORS and SRS: Utility in sexual offending treatment context and relationship with risk and treatment outcomes”.

Congratulations to **Siobhan Lockie** who was recently awarded her MSc for her thesis titled “Characterising Parkinson’s Disease in the InterRAI-Home Care Assessment”.

Congratulations to **Amy Nesbit** who was recently awarded her MA with Distinction for her thesis titled “Does dissociation mediate the relationship between childhood abuse and auditory hallucinations? An investigation using clinical samples with Schizophrenia and Dissociative Identity Disorder?”

Congratulations to **Nishanti Selvaraj** who was recently awarded her MSc with Second Class Honours, Division I for her thesis titled “The effectiveness of postnatal handling for maternal behaviour enhancement in methadone-exposed offspring”.

Congratulations to **Holly Smith** who was recently awarded her MA with First Class Honours for her thesis titled “The use of video modelling to reduce fear, and teach appropriate and safe behaviours in children with Autism Spectrum Disorder with a severe fear of dogs”.

Congratulations to **Katherine Sullivan** who was recently awarded her MSc with Distinction for her thesis titled “Stress, eating, and weight change: The moderating role of self-compassion”.

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Late Changes to Courses / New Course in 2019

As mentioned under Staffing Snippets, Assoc. Prof. Anthony McLean has announced he will retire early in 2019. This has meant late changes to some of our courses.

**PSYC344 Learning & Behaviour Analysis**, will not be offered in 2019. This 30 point course has been removed from course offerings. However, we are pleased to announce that Prof. Randolph Grace will be offering a 15-point course to replace it along similar lines. This has only just been confirmed so more information will be available as soon as we have it. Keep watching our Psychology website news section.

**PSYC415 Research in Experimental Analysis of Behaviour**, will not be offered in 2019. This 30 point course has been removed from course offerings. However, we are pleased to announce that Prof. Randolph Grace is offering a 15 point alternative to this, **PSYC471 Special Topic: Comparative Psychology**. This will give an understanding of the basic processes and principles that explain learning and cognition in both humans and non-humans. This is available to enrol in and more information is available via the Course website here.

**PSYC428 Forensic Psychology**, will not be offered in 2019. This 30-point limited entry course has been removed from course offerings. However, we are pleased to announce that a 15-point Semester 1 alternative is now available and is not limited entry. The course code is **PSYC441 Special Topic: Forensic Psychology**. The course content of this will be available early in the new year as we are still in negotiations with an external suitably qualified person to teach this.

Dr Andrew Vonasch, who arrived in the Department in June and taught PSYC211 Personality this year, is offering a brand new course at 400-level. **PSYC 468 Special Topic: Moral Psychology**. This course will introduce postgraduate students to the psychology of morality. More information is available via the Course website here.

We apologise for the inconvenience and the lateness of these notifications. We have been working extremely hard up to this point to ensure that we continue to offer a wide variety of psychology offerings in 2019.

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Te Reo

Whakataukī (proverbs) play a large role within Maori culture. They are very important with Maori society, with a meaning often based on Tikanga or history; and can help understand and explore te reo.

**Whakataukī for this newsletter:**

“He honore, he kororia ki te Atua, he maungarongo ki te whenua, he whakaraoro pai ki ngā tangata katoa”

Glory to God in the highest, Peace on earth, Goodwill to all men.

Other useful Te Reo to practice is our Department name:

Department of Psychology: Te Tari Mātai Hinengaro

University of Canterbury: Te Whare Wānanga o Waitaha.

Remember that the ‘ng’ in ‘nga’ is a nasal sound and said without the hard ‘g’ - as in singer not finger.
Health, Safety & Wellbeing

All staff, students, postdoctoral fellows, and long term visitors are required to do the complete the Health, Safety and Wellbeing Annual Induction and Refresher. An email was circulated on 13 February about this so please ensure that the quiz is completed and the back page of it printed off, signed and returned to Silvana de Freitas Costa (via her pigeonhole or email).

Health and Safety information is below:

- Visitors and Contractors must be inducted to the Department at all times. The paperwork is located at the Main Office.
- If you are involved in a Health or Safety incident at work all reports are filed and sent to H&S Central, but they are also the basis of discussion for the Department and sometime higher Health and Safety Committees. These reports are not confidential but they are no-fault documents, and the idea is to use them to make work-life healthier and safer. Event reports must be signed off by the H&S Chair—Katharina Naswall and/or must be reported to the Department Safety Officer. Link to RMSS Event Report.
- Check out the Health and Safety Reform Bill.
- NZ Emergency Service 1-111
- UC Security = Emergency on Campus 6111 or 0800 823 637
- UC Non-emergency = 6888
- The Health & Safety Toolkit on the intranet is Health and Safety Intranet site and H&S Toolkit.
- The Department H&S Action Plan is available for staff on Y drive and also available on the Department Health and Safety website.

Please also note the evacuation assembly area for the Psychology Building below. Re-entry to the building is NOT when the alarms stop sounding, but when the all clear is given by the Building Warden.

See information on advice help and support on campus below.