

APA style includes

- **A reference list** for all in-text citations on a separate page at the end of your document.
- **In-text citations** in your document to identify briefly the sources you have quoted or paraphrased:
 - **Direct quotation** – put double quotation marks around the quote and include page numbers, e.g. ... “social psychology’s most important lesson concerns the influence of our social environment” (Myers, 2014, p. 105).
 - **Paraphrasing** – page numbers don’t need to be included (though APA recommends page numbers for large documents such as books), e.g. Research (Kramer, 2013) indicates that ... **OR** Research by Kramer (2013) suggests ...

Books

Type of reference	Reference list	First in-text citation	Subsequent citations
1 author	Glanz, J. (2009). <i>Teaching 101: Classroom strategies for the beginning teacher</i> (2nd ed.). Corwin. NB: Italicise the book title. Use sentence capitalisation: capitalise the first letter of the first word of the title and of the subtitle and all proper nouns. Include the edition number if it is not the first edition. Do not include the publisher location.	(Glanz, 2009) OR Glanz (2009)	(Glanz, 2009) OR Glanz (2009)
2 authors	Mohite, P., & Prochner, L. W. (2009). <i>Early childhood care and education: Theory and practice</i> . Concept. NB: Put a comma before the ampersand (&) in the author list.	(Mohite & Prochner, 2009) OR Mohite and Prochner (2009)	(Mohite & Prochner, 2009) OR Mohite and Prochner (2009)
3–20 authors	Kidwell, D., Brimble, M., Mazzola, P., Basu, A., Docherty, P., & Lenten, L. (2014). <i>Financial markets, institutions and money</i> (3rd ed.). Wiley.	(Kidwell et al., 2014) OR Kidwell et al. (2014)	(Kidwell et al., 2014) OR Kidwell et al. (2014)
21 or more authors	Barrett, J. M., Smith, V., Wilson, R. T., Haley, V. A., Clarke, P., Palmer, N. B., Simpson, H. J., Gumble, B. A., Brockman, K., Leonard, L., Carlson, C., Flanders, N., Jr., Skinner, W. S., Smithers, W. J., Hibbert, J. M., Burns, C. M., Spuckler, C. D., Simpson, L. M., Wiggum, C., ... Simpson, B. J. (2020). <i>How to reference in APA style</i> . University of Canterbury Library. NB: Include the first 19 authors’ names, then insert three dots (but no &) and add the final author’s name.	(Barrett et al., 2020) OR Barrett et al. (2020)	(Barrett et al., 2020) OR Barrett et al. (2020)
Corporate or group author	Office of the Auditor-General. (2007). <i>Implementing the Māori language strategy</i> . NB: Omit the publisher when the author and publisher are the same.	(Office of the Auditor-General, 2007) OR Office of the Auditor-General (2007)	(Office of the Auditor-General, 2007) OR Office of the Auditor-General (2007)
	National Institute of Water and Atmospheric Research. (2004). <i>Managing New Zealand’s climate: A resource and a hazard</i> . NB: If you use an abbreviation, indicate the abbreviation in the first in-text citation.	(National Institute of Water and Atmospheric Research [NIWA], 2004)	(NIWA, 2004) OR NIWA (2004)
Chapter in an edited book	Karp, J. A. (2010). How voters decide. In R. Miller (Ed.), <i>New Zealand government & politics</i> (5th ed., pp. 287–301). Oxford University Press. NB: Include the page numbers of the chapter.	(Karp, 2010) OR Karp (2010)	(Karp, 2010) OR Karp (2010)
Electronic book	Thompson, M. B. (2017). <i>Fundamentals of piano pedagogy: Fuelling authentic student musicians from the beginning</i> . Springer. https://doi.org/10.1007/978-3-319-65533-8 NB: If available, include the DOI after the publisher name. If there is no DOI and the ebook is accessed from a library database, reference the same way as for a print book.	(Thompson, 2017) OR Thompson (2017)	(Thompson, 2017) OR Thompson (2017)

Journal articles *NB: format authors the same as for books*

Type of reference	Reference list	First in-text citation	Subsequent citations
DOI available	Todorova, G., Bear, J. B., & Weingart, L. R. (2014). Can conflict be energizing? A study of task conflict, positive emotions, and job satisfaction. <i>Journal of Applied Psychology</i> , 99(3), 451–467. https://doi.org/10.1037/a0035134 NB: Use sentence capitalisation in the article title. Capitalise the first letter of each main word in the journal title. Italicise the journal title and volume number. Add the issue number if available. Include the DOI number; it usually appears on the first page of the article.	(Todorova et al., 2014) OR Todorova et al. (2014)	(Todorova et al., 2014) OR Todorova et al. (2014)
No DOI available	Croft, A. (2017). Leading the change toward education for sustainability in early childhood education. <i>He Kupu: The Word</i> , 5(1), 53–60. https://www.hekupu.ac.nz/article/leading-change-toward-education-sustainability-early-childhood-education NB: Only include the URL if the article is accessible online to all readers. Do not include a URL from a library database; in these cases the reference ends after the page range.	(Croft, 2017) OR Croft (2017)	(Croft, 2017) OR Croft (2017)

Other online resources

Type of reference	Reference list	First in-text citation	Subsequent citations
Webpage	Maric, P. (2016, May 13). <i>2016 Tesla Model S P90D v BMW 730d comparison</i> . CarAdvice. https://www.caradvice.com.au/442948/2016-tesla-model-s-p90d-v-bmw-730d-comparison/ Science Learning Hub. (2018, November 21). <i>Mātauranga Māori and science</i> . https://www.sciencelearn.org.nz/resources/2545-matauranga-maori-and-science NB: Provide as specific a date as given on the webpage. Italicise the webpage title. Include the website/publisher name after the title unless it is the same as the author (second example).	(Maric, 2016) OR Maric (2016)	(Maric, 2016) OR Maric (2016)
Blog post	Grohol, J. M. (2018, July 8). While you sleep, your brain keeps working. <i>Psych Central</i> . https://psychcentral.com/blog/while-you-sleep-your-brain-keeps-working/	(Grohol, 2018) OR Grohol (2018)	(Grohol, 2018) OR Grohol (2018)
Podcast episode	Cowie, T. (Host). (2019, August 25). Milk shake: Why the future of dairy looks scary [Audio podcast episode]. In <i>Insight</i> . Radio New Zealand. https://www.rnz.co.nz/national/programmes/insight/audio/2018709853/milk-shake-why-the-future-of-dairy-looks-scary	(Cowie, 2019) OR Cowie (2019)	(Cowie, 2019) OR Cowie (2019)
Regulations	Education (Registration of Early Childhood Services Teachers) Regulations 2004. http://www.legislation.govt.nz/regulation/public/2004/0236/latest/DLM276730.html	Education (Registration of Early Childhood Services Teachers) Regulations 2004	Education (Registration of Early Childhood Services Teachers) Regulations 2004

Citing a source within another source (secondary sources)

For sources that you have not actually read but which are referred to in another work, list the secondary source (the source you have read) in the reference list. In text, identify the original work (with the year if known) and give a citation for the secondary source.

Reference list: Stone, R. J. (2013). *Managing human resources* (4th ed.). Wiley.

In-text citation: Bennett (2000, as cited in Stone, 2013) defined ... **OR** ... (Bennett, 2000, as cited in Stone, 2013)

For more details and other types of references, see the library website

<https://www.canterbury.ac.nz/library/support/citations-and-referencing/apa-american-psychological-association-style/>

Library staff are happy to answer your questions – use our online chat service AskLIVE

<https://www.canterbury.ac.nz/library/support/asklive-online-chat/>