

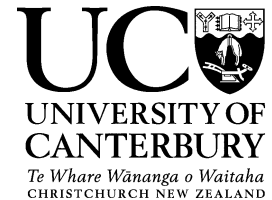
The Psychology Centre

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oVRcome®



CONSENT TO PARTICIPATE IN VIRTUAL REALITY EXPOSURE THERAPY (VRET) ***in partnership with oVRcome***

Virtual Reality Exposure Therapy (VRET) is a new format for an evidence-based protocol of exposure to a feared stimulus in order to develop coping skills and reduce anxious activation over time. Using virtual reality reduces barriers to finding opportunities to do exposure tasks, and works best if you immerse yourself in the experience and imagine you are really in the scene. We source the content and application from oVRcome, who are developing a comprehensive library of 3D video scenes in which there are a wide variety of potentially feared stimulus, such as birds, planes, social settings, germs or public speaking.

At Psychology Centre we have determined that we will not upload any of your identifying information into the oVRcome platform, however there is some data that is collected and used for their purposes of conducting research and improving the service they provide. Please see below from oVRcome for details.

How We Use Your Data at oVRcome

At oVRcome, your privacy and trust are incredibly important to us. Some data is collected through the oVRcome clinician portal and headset to help us improve how we deliver Virtual Reality Exposure Therapy (VRET). This data is anonymised and used solely for research and development purposes. It's stored securely on our servers, and we follow strict data protection standards to keep your information safe.

When you use oVRcome in the clinic, the following data is collected automatically:

- Heart rate data during sessions
- Eye movement and blink rate during VR sessions
- Audio captured during the active VR experience

We also have the option to collect additional information—but only with your explicit consent. If you're happy to share this to support our research, you'll be asked to initial next to each item you'd like to opt into:

- Video recordings of your experience

Initial here

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I give permission for my VRET session to be video recorded and shared with oVRcome.

Sharing this optional data is completely up to you, and you can still use oVRcome without providing it. Our goal is simply to keep improving the experience and effectiveness of our therapy—thanks for being part of that journey!

Client Signature: _____ Date: _____

Clinician Signature: _____ Date: _____