

Postgraduate Diploma in Clinical Exercise Physiology (PGDipCEP – 120 points)

These regulations must be read in conjunction with the General Regulations for the University.

1. Version

- (a) These Regulations came into force on 1 January 2025.
- (b) This Diploma was first offered in 2025.

2. Variations

In exceptional circumstances the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate may approve a personal programme of study which does not conform to these Regulations.

3. The structure of the qualification

To qualify for the Postgraduate Diploma in Clinical Exercise Physiology a student must:

- (a) Be credited with a minimum of 120 points towards the qualification by:
 - i. being credited with 90 points from courses listed in Schedule C to these Regulations for this qualification.
 - ii. being credited with 30 points from courses listed in Schedule V to these Regulations.

4. Admission to the qualification

To be admitted to the Postgraduate Diploma in Clinical Exercise Physiology a student must have:

- (a) satisfied the Admission Regulations for admission to the University; and
- (b) either:
 - i. qualified for a degree, with a B Grade Point Average or better in 300-level courses, in an Aotearoa New Zealand tertiary education organisation which is relevant to health or sport science and the proposed programme of study; or
 - ii. an appropriate health or allied professional qualification requiring at least three years full-time tertiary study at an appropriate level; or
 - iii. successfully completed a qualifying course as prescribed by the Amo Matua, Te Kaupeka Oranga Executive Dean of Health or delegate; or
 - iv. been admitted with Academic Equivalent Standing; and
- (c) been approved as a student by the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate.

5. Subjects

There are no major, minors, or endorsements for this qualification.

6. Time limits

The time limit for this qualification is 48 months.

7. Transfers of credit, substitutions and cross-credits

This qualification adheres to the Credit Recognition and Transfer Regulations, with the following stipulation:

- (a) With the approval of the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate, up to 30 points of relevant and equivalent postgraduate level courses may be credited from another school, department, faculty, or from another university or tertiary institute.

8. Progression

This qualification adheres to the General Regulations for the University, with the following stipulation:

- (a) A student may not fail more than 30 points in this qualification.

9. Honours, Distinction and Merit

This qualification adheres to the General Regulations for the University and may be awarded with Distinction and Merit.

10. Exit and Upgrade Pathways to other Qualifications

- (a) A student who has completed the requirements for the Postgraduate Diploma in Clinical Exercise Physiology, but has not yet graduated, may apply to the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate to be admitted to one of the following qualifications and have credits transferred to the:
- Master of Health Science
 - Master of Health Science Professional Practice
 - Master of Sport Science
- (b) A student who has graduated with the Postgraduate Diploma in Clinical Exercise Physiology, may apply to the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate to be admitted to the qualifications listed in 10(a) and have their Diploma subsumed, in accordance with the General Regulations of the University.
- (c) Admission to the qualifications listed in 10(a) will be based on having met the relevant requirements for entry.
- (d) A student for the Postgraduate Diploma in Clinical Exercise Physiology who has not met the requirements for the Diploma or who wishes to transfer to the Postgraduate Certificate in Clinical Exercise Physiology, may apply to the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate to withdraw from the Diploma and be awarded the Certificate.

Regulations 10(a) and 10(b) only apply if it has been no more than 5 years since the start of the first Certificate course.

Schedule C: Compulsory Courses for the Postgraduate Diploma in Clinical Exercise Physiology

For full course information, go to courseinfo.canterbury.ac.nz

Course Code	Course Title	Pts	2026	Location	P/C/R/PP/EQ
SSCI410	Musculoskeletal rehabilitation	30	X1	UC Online	P: Subject to approval of Associate Dean - Academic
SSCI411	Exercise rehabilitation for those with cardiac, chronic or complex conditions	30	X3	UC Online	P: Subject to approval of the Associate Dean - Academic
SSCI412	Clinical Exercise Physiology Practicum	30	X3	UC Online	P: SSCI410, SSCI411, and approval from the Associate Dean - Academic

Schedule V: Valid Courses for the Postgraduate Diploma in Clinical Exercise Physiology

Course Code	Course Title	Pts	2026	Location	P/C/R/PP/EQ
HLTH430	Motivating Behaviour Change I	30	S1	Manawa	P: Subject to approval of the Associate Dean - Academic.
HLTH661	Advanced Pathophysiology	30	X1	UC Online	P: Subject to the approval of the Associate Dean (Academic)
HLTH662	Advanced Health Assessment	30	X3	UC Online	P: Subject to approval from Associate Dean (Academic)
HLTH692	Evidence for Clinical Practice	30	X1	UC Online	P: Subject to approval of Associate Dean (Academic) R: HLTH464
SSCI404	Advanced Internship for Sport Science	30	A	Campus	P: Subject to approval to the Head of School
SSCI405	Psychology of Sport and Exercise	30	S2	Campus	P: Subject to approval of Associate Dean - Academic