

The Degree of Master of Sport Science (MSS – 180 points)

These regulations must be read in conjunction with the General Regulations for the University.

1. Version

- (a) These Regulations came into force on 1 January 2018.
- (b) This degree was first offered in 2018.

2. Variations

In exceptional circumstances the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate may approve a personal programme of study which does not conform to these Regulations.

3. The structure of the qualification

To qualify for the Master of Sport Science a student must:

- (a) be credited with a minimum of 180 points towards the qualification; and
- (b) be credited with 60 points from Schedule C to these Regulations; and
- (c) be credited with 30 points from Schedule E: Group 1 to these Regulations; and
- (d) either:
 - i. 30 points from Schedule E: Group 2 and 60 points from Schedule E: Group 3; or
 - ii. 60 points from Schedule E: Group 2 and 30 points from Schedule E: Group 3.

4. Admission to the qualification

To be admitted to the Master of Sport Science, a student must have:

- (a) satisfied the Admission Regulations for admission to the University; and
- (b) qualified for a sport and/or science related Aotearoa New Zealand degree, or equivalent, with at least a B Grade Point Average in 300-level courses, or equivalent; or
- (c) been admitted with Academic Equivalent Standing; and
- (d) been approved for the degree by the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate.

5. Subjects

There are no majors, minors or endorsements for this qualification.

6. Time limits

The time limit for this qualification is 48 months.

7. Transfers of credit, substitutions and cross-credits

This qualification adheres to the Credit Recognition and Transfer Regulations, with the following stipulation:

- (a) A student may, on the basis of previous studies, be exempt from 60 points in Schedule E Group 3 to the Regulations for the Degree of Master of Sport Science and will replace these courses with other appropriate postgraduate courses as approved by the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate.

8. Progression

This qualification adheres to the General Regulations for the University, with the following stipulation:

A student is permitted to repeat a maximum of 60 points.

9. Honours, Distinction and Merit

This qualification adheres to the General Regulations for the University and may be awarded with Distinction and Merit.

10. Exit and Upgrade Pathways to other Qualifications

A student who has not met the requirements for the Master of Sport Science or who wishes to transfer to the Postgraduate Diploma in Sport Science or the Postgraduate Certificate in Sport Science may apply to the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate to withdraw from the degree and be awarded the Diploma or Certificate.

Schedule C: Compulsory Courses for the Degree of Master of Sport Science

For full course information, go to courseinfo.canterbury.ac.nz

Course Code	Course Title	Pts	2025	Location	P/C/R/RP/EQ
SSCI403	Innovation in Sport and Exercise	30	S1	Campus	P: Subject to approval of the Head of School
SSCI407	Coaching Physical Performance	30	S2	Campus	P: Subject to approval of the Head of School

Schedule E: Elective Courses for the Degree of Master of Sport Science

Group 1

Choose 30 points from the following list:

Course Code	Course Title	Pts	2025	Location	P/C/R/RP/EQ
HLTH464	Research Approaches for Health and Sport	30	S1	Campus	P: Subject to the approval of the Associate Dean - Academic.

Group 2

Choose one course from the following list:

Course Code	Course Title	Pts	2025	Location	P/C/R/RP/EQ
SSCI680	Sport Science Research Project	30	A	Campus	P: EDM601; or HLTH464; or 30 points of approved research methods; or approval from the Head of School.
SSCI681	Sport Science Research Dissertation	60	A	Campus	P: EDM601; or HLTH464; or 30 points of approved research methods; or approval from the Head of School

Group 3

Dependent upon the selection from Group 2, students must choose either 30 points or 60 points from the following list:

Course Code	Course Title	Pts	2025	Location	P/C/R/RP/EQ
HLTH430	Motivating Behaviour Change I	30	S1	Manawa	P: Subject to approval of the Associate Dean - Academic.
HLTH430	Motivating Behaviour Change I	30	S1	Manawa	P: Subject to approval of the Associate Dean - Academic.
HLTH661	Advanced Pathophysiology	30	X1	UC Online	P: Subject to the approval of the Associate Dean (Academic)
HLTH662	Advanced Health Assessment	30	X3	UC Online	P: Subject to approval from Associate Dean (Academic)
HLTH692	Evidence for Clinical Practice	30	X1	UC Online	P: Subject to approval of Associate Dean (Academic) R: HLTH464
SSCI405	Special Topic: Psychology of Sport and Exercise	30	S2	Campus	P: Subject to approval of the Head of School
SSCI408	Sport Science Independent Study	30	NO		P: Subject to approval of the Head of School
SSCI409	Extreme Sport Science	30	NO		P: Subject to approval of the Head of School
SSCI410	Musculoskeletal rehabilitation	30			P: Subject to approval of Associate Dean - Academic
SSCI411	Exercise rehabilitation for those with cardiac, chronic or complex conditions	30			P: Subject to approval of Associate Dean - Academic