# The Degree of Master of Health Sciences Professional Practice (MHealScProfPr – 180 points)

These regulations must be read in conjunction with the General Regulations for the University.

### 1. Version

(a) These Regulations came into force on 1 January 2026.
(b) This degree was first offered in 2016.

### 2. Variations

In exceptional circumstances the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate may approve a personal programme of study which does not conform to these Regulations.

### 3. The structure of the qualification

(a) To qualify for the Master of Health Sciences Professional Practice, a student must be credited with a minimum of 180 points towards the qualification.
(b) A student must be:
    i. credited with all courses from Schedule C to these Regulations; and
    ii. either:
        a. for an endorsement, be credited with the relevant courses prescribed in Schedule S to these Regulations; or
        b. without an endorsement, be credited with 120 points from Schedule V to these Regulations.

### 4. Admission to the qualification

A student for the Master of Health Sciences Professional Practice, before enrolling for the degree programme, must:

(a) have satisfied the Admission Regulations for the University to be admitted to this qualification; and
(b) have either:
    i. qualified for a bachelor's degree with a B Grade Point Average or better in a health-related discipline or an equivalent qualification; or
    ii. been admitted with Academic Equivalent Standing; and
    iii. been approved as a student for the Master of Health Sciences Professional Practice by the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate based on relevance and standard of previous study and professional experience.

### 5. Subjects

The Degree of Master of Health Sciences Professional Practice may be awarded either unendorsed or endorsed in one of the subjects listed in Schedule S to these Regulations.

### 6. Time limits

The time limit for this qualification is 48 months.

### 7. Transfers of credit, substitutions and cross-credits

This qualification adheres to the Credit Recognition and Transfer Regulations with the following stipulation:

(a) With prior approval from the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate, a student may be credited up to 60 points of relevant and equivalent postgraduate level courses from another school, department, faculty or from another university or tertiary institute.

### 8. Progression

This qualification adheres to the General Regulations for the University, which permits 30 points of course failures to qualify for the degree, with the following stipulation:

(a) A student enrolled in an endorsement must have approval from the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate to continue in that endorsement following any failed course.

### 9. Honours, Distinction and Merit

This qualification adheres to the General Regulations for the University and may be awarded with Distinction and Merit.

### 10. Exit and Upgrade Pathways to other Qualifications

(a) A student for the Master of Health Sciences Professional Practice who has not met the requirements for the degree or who wishes to transfer to the Postgraduate Diploma in Health Sciences or Postgraduate Certificate in Health Sciences may apply to the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate to withdraw from the degree and be awarded the Diploma or Certificate.

(b) In exceptional circumstances, a student who has met requirements for the Master of Health Sciences Professional Practice may, with approval from the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate, transfer to the Master of Health Sciences and complete a 60 point dissertation.

(c) Admission to any subsequent qualification will be based on having met the relevant requirements for entry.

## Schedule C: Compulsory Courses for the Degree of Master of Health Sciences Professional Practice

For full course information, go to courseinfo.canterbury.ac.nz

| Course Code | Course Title | Pts | 2026 | Location | P/C/R/RP/EQ |
|---|---|---|---|---|---|
| HLTH463 | Whānau and Community Health | 30 | S2 | Campus | P: Subject to approval of the Head of School of Health Sciences<br>R: HLTH456 |
| HLTH464 | Research Approaches for Health and Sport | 30 | X | Campus | P: Subject to the approval of the Associate Dean - Academic. |

## Schedule S: Subject Courses for the Degree of Master of Health Sciences Professional Practice

| Endorsed Option | Requirements |
|---|---|
| Environment and Health | HLTH403, HLTH460, ENVR415, GISC422, ENVR404 and GEOG404. |
| Health and Community | PUBH420, PUBH421 and 90 points from the Master of Health Sciences Professional Practice Schedule V |
| Health Behaviour Change | HLTH430 and HLTH431, and<br>60 points from Master of Health Sciences Professional Practice Schedule V |
| Health Information Management | HLTH402, and<br>30 points from HLTH410, HLTH489, MBIS601, MBIS623, INFO620, INFO621, INFO633, INFO634, or<br>30 points from relevant approved courses, and<br>60 points from the Schedule to the Master of Health Sciences Professional Practice Schedule V |
| Health Leadership and Management | HLTH401, HLTH402, and HLTH410; and<br>30 points from MBUS602, MBUS603, MBUS644, MBUS650, or courses from the Master of Health Sciences Schedule V |
| Nursing | Note: not open for new enrolments in 2026. |
| Palliative Care | HLTH450, HLTH448 and HLTH449, and<br>30 points from the Master of Health Sciences Professional Practice Schedule V<br>Note: A student who holds a PGCertHPC from Whitireia Community Polytechnic may be exempt 60 points in replacement of HLTH448 and HLTH449 on application to the Dean of Education. |

# Schedule V: Valid Courses for the Degree of Master of Health Sciences Professional Practice

| Course Code | Course Title | Pts | 2026 | Location | P/C/R/RP/EQ |
|---|---|---|---|---|---|
| CFPY404 | Psychometric Theory, Design and Appraisal | 15 | S1 | Campus | P: Subject to the approval of the Associate Dean Academic.<br>R: HLTH472 |
| COUN671 | Counselling and Psychology: Theories and Skills | 30 | X1 | UC Online | P: Subject to approval of the Head of School<br>R: CFPY604, EDUC461, EDEM664, HLTH481 |
| | | | W | Campus | |
| | | | X3 | UC Online | |
| COUN681 | Solution-focused theory and skills with individuals and groups | 30 | X1 | UC Online | P: Subject to approval of the Head of School<br>R: COUN678; COUN679 |
| | | | W | Campus | |
| | | | X3 | UC Online | |
| COUN682 | Focused Acceptance and Commitment Therapy (FACT) | 15 | SU2 | Campus | P: Subject to the approval of the Head of Department. |
| GEOG401 | Wellbeing, Community and Place | 30 | S2 | Campus | P: Entry subject to approval of the Head of Department.<br>R: GEOG452 |
| HLTH401 | Health and Health Systems | 30 | S1 | Manawa | P: Subject to the approval of the Associate Dean - Academic.<br>R: HLTH601<br>EQ: HLTH601 |
| HLTH402 | Health Information Management | 30 | S2 | Manawa | P: Subject to the approval of the Associate Dean - Academic. |
| HLTH403 | Environmental Health | 30 | S2 | Campus | P: Subject to the approval of the Associate Dean - Academic. |
| | | | S2 | Distance Learning | |
| HLTH405 | Special Topic: Independent Study | 30 | A | Distance Learning | P: Subject to approval of the Associate Dean - Academic.<br>R: HLTH605<br>EQ: HLTH605 |
| HLTH406 | Special Topic | 30 | NO | | P: Subject to approval of the Head of School<br>R: HLTH606<br>EQ: HLTH606 |
| HLTH407 | Ethics and Health | 30 | S1 | Distance Learning | P: Subject to approval of the Associate Dean - Academic.<br>R: HLTH433, HLTH434, HLTH607, PHIL325, PHIL433, PHIL434, PHIL474<br>EQ: HLTH607 |
| HLTH408 | Special Topic: Independent Study | 15 | A | Distance Learning | P: Subject to approval of the Associate Dean - Academic. |
| HLTH410 | Leading and Motivating People in Healthcare Organizations | 30 | S2 | Manawa | P: Subject to approval of the Associate Dean - Academic. |
| HLTH430 | Motivating Behaviour Change I | 30 | S1 | Manawa | P: Subject to approval of the Associate Dean - Academic. |
| HLTH431 | Motivating Behaviour Change II | 30 | S2 | Campus | P: Subject to approval of the Associate Dean - Academic, and HLTH430. |
| HLTH448 | The Foundation of Hospice Palliative Care | 30 | X | Distance Learning | P: Subject to approval of the Head of School |
| HLTH449 | Praxis in Hospice Palliative Care | 30 | X | Distance Learning | P: HLTH448 and Subject to approval of Associate Dean Academic |
| HLTH450 | Palliative Care: Advanced Theory and Practice | 30 | NO | | P: Subject to approval of the Head of School |

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|---|---|---|---|---|---|
| HLTH460 | Epidemiology and Critical Appraisal | 15 | S1 | Campus | P: Subject to approval from Head of School |
| HLTH465 | Professional Frameworks for Nursing Practice | 30 | X1 | UC Online | P: Subject to approval of the Associate Dean - Academic.<br>R: HLTH452 |
| HLTH466 | Health Assessment, Physiology and Pharmacology for Clinical Practice | 30 | X1 | UC Online | P: Subject to approval of the Associate Dean - Academic.<br>R: HLTH453 |
| HLTH467 | Mental Health and Addictions | 30 | X3 | UC Online | P: Subject to the approval of the Associate Dean - Academic. |
| HLTH468 | Acute and Long Term Health Care | 30 | NO | | P: Subject to approval of the Associate Dean - Academic.<br>R: HLTH455 |
| HLTH469 | Health Issues in the Community | 30 | NO | | |
| HLTH472 | Introduction to Psychometric Theory and Administration | 15 | NO | | P: Subject to approval of the Associate Dean - Academic.<br>R: EDUC624, HLTH671 |
| HLTH489 | Health Sciences Professional Practice | 30 | NO | | P: 60 points from the Health Sciences Postgraduate Diploma or Masters Schedule and head of Department approval.<br>RP: Individual discussion with proposed academic supervisor. |
| HLTH693 | Quantitative Methods in Health | 15 | S2 | Campus | P: Subject to approval of Associate Dean - Academic<br>R: HLTH460, HLTH462 |
| HLTH695 | Health Sciences Dissertation | 60 | A | Distance Learning | P: Subject to approval of the Associate Dean - Academic. |
| PUBH420 | Public Health Essentials: Building Blocks for Impact | 15 | S1 | Campus | P: Subject to approval of Associate Dean - Academic |
| PUBH421 | Hauora Māori | 15 | S2 | Campus | P: Subject to approval of Associate Dean - Academic<br>R: HLTH409<br>RP: PUBH420 |
| PUBH422 | Health Systems in Action: Policy, Innovation and Equity | 15 | S1 | Campus | P: Subject to approval of Associate Dean - Academic<br>R: HLTH401<br>EQ: HLTH401 |