The Degree of Master of Counselling (MCouns – 240 points)

These regulations must be read in conjunction with the General Regulations for the University.

1. Version

(a) These Regulations came into force on 1 January 2024.
(b) This degree was first offered in 2013.

2. Variations

In exceptional circumstances the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate may approve a personal programme of study which does not conform to these Regulations.

3. The structure of the qualification

To qualify for the degree of Master of Counselling a student must:

(a) be credited with a minimum of 240 points towards the qualification; and
(b) be credited with a minimum of 165 points from Schedule C to these Regulations; and
(c) be credited with a minimum of 15 points from Schedule E Group 1 to these Regulations; and
(d) be credited with a minimum of 60 points from Schedule E Group 2 to these Regulations.

4. Admission to the qualification

To be admitted to the Master of Counselling a student must have:

(a) satisfied the Admission Regulations for admission to the University; and
(b) either:
    i. qualified for an Aotearoa New Zealand bachelor's degree with a minimum B Grade Point Average in 300-level courses; or
    ii. been admitted with Academic Equivalent Standing; and
(c) either:
    i. acquired experience in counselling, teaching, nursing, social work or an equivalent profession; or
    ii. been deemed suitable for training as a counsellor; and
(d) met the requirements stipulated in the Children's Act 2014 prior to gaining entry into the programme; and
(e) been approved as a student by the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate, on the recommendation of a Selection Committee, which will include an interview.

5. Subjects

There are no majors, minors or endorsements for this qualification.

6. Time limits

The time limit for this qualification is 6 years.

7. Transfers of credit, substitutions and cross-credits

This qualification adheres to the Credit Recognition and Transfer Regulations with the following stipulation:

A student may, with the approval of the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate, replace up to 60 points with relevant courses at an equivalent level provided these courses have not been credited to another qualification.

8. Progression

This qualification adheres to the General Regulations for the University, with the following stipulations:

(a) A student may not fail more than 30 points in this qualification.
(b) A student may not progress to courses listed in Schedule E Group 2 to these Regulations if their Grade Point Average is below a B.

9. Honours, Distinction and Merit

This qualification adheres to the General Regulations for the University and may be awarded with Distinction and Merit.

10. Exit and Upgrade Pathways to other Qualifications

(a) There are no advancing qualifications for this degree.

(b) A student who has not met the requirements for the Master of Counselling or who wishes to transfer to the following qualifications may apply to the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate for admission, based on having met the requirements for entry:

i. Postgraduate Certificate in Counselling Studies;
ii. Postgraduate Certificate in Education;
iii. Postgraduate Diploma in Education;
iv. Postgraduate Certificate in Health Sciences;
v. Postgraduate Diploma in Health Sciences; or
vi. Master of Education.

11. Disclosure of charges and convictions

A student in the Master of Counselling is required to inform the Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate within three working days if they are charged or convicted of an offence while participating in the programme and of any other incidents or matters that may compromise their fitness to practice.

Schedule C: Compulsory Courses for the Degree of Master of Counselling

For full course information, go to www.canterbury.ac.nz/courses

Course Code	Course Title	Pts	2024	Location	P/C/R/RP/EQ
COUN671	Counselling and Psychology: Theories and Skills	30	W	Campus	P: Subject to approval of the Head of School R: CFPY604, EDUC461, EDEM664, HLTH481
COUN672	Counselling Supervision and Reflective Practice	15	W	Campus	C: COUN675 R: EDEM671, EDEM672
COUN675	Professional Counselling Practice I	30	W	Campus	P: Subject to approval of the Head of School of Health Sciences R: EDEM 672
COUN681	Solution-focused theory and skills with individuals and groups	30	W	Campus	P: Subject to approval of the Head of School R: COUN678; COUN679

Either:

Course Code	Course Title	Pts	2024	Location	P/C/R/RP/EQ
COUN685	Professional Counselling Practice II	60	A	Campus	P: COUN675; COUN672 R: COUN676/COUN673/COUN674/COUN683/COUN684

or

Course Code	Course Title	Pts	2024	Location	P/C/R/RP/EQ
COUN683	Professional Counselling Practice II (Part A) Part Time	30	A	Campus	P: COUN675; COUN672 R: COUN676/COUN673/COUN674/COUN685
COUN684	Professional Counselling Practice II (Part B) Part Time	30	A	Campus	P: COUN675; COUN672 R: COUN676/COUN673/COUN674/COUN685

Schedule E: Elective Courses for the Degree of Master of Counselling

Group 1 Research methods

One of:

Course Code	Course Title	Pts	2024	Location	P/C/R/RP/EQ
HLTH462	Quantitative Methods in Health	15	S2	Campus	P: Subject to approval of the Head of School R: HLTH460
HLTH470	Qualitative Research Methods for Health	15	S2	Campus	P: Subject to approval of the Head of School. R: HLTH408

or an approved research methods course of at least 15 points.

Group 2

Either:

Course Code	Course Title	Pts	2024	Location	P/C/R/RP/EQ
COUN695	Counselling Dissertation	60	A	Campus	P: Subject to approval of the Head of School of Health Sciences
			A	Distance Learning	

or 60 points from the following courses, or other postgraduate courses approved by Amo Matua, Te Kaupeka Oranga | Executive Dean of Health or delegate:

Course Code	Course Title	Pts	2024	Location	P/C/R/RP/EQ
CFPY601	Disorders of Childhood and Adolescence	30	W	Campus	P: Subject to the approval of the Head of the School of Health Sciences R: EDEM661, EDUC412
CFPY602	Child and Adolescent Development: Research, Contexts, and Applications	30	W	Campus	P: Subject to the approval of the Head of the School of Health Sciences R: EDEM662, EDUC416, PSYC413
CFPY603	Introduction to Interventions	30	W	Campus	P: Subject to approval of the Head of School of Health Sciences R: EDEM663, EDUC421
COUN682	Focused Acceptance and Commitment Therapy (FACT)	15	SU2	Campus	P: Subject to the approval of the Head of Department.
CULT419	The Policies and Politics of Sex	30	S1	Distance Learning	P: Subject to approval of the Programme Director. R: HSRV407 EQ: HSRV407
			S1	Campus	
EDEM608	Understanding Emotions in Education, Leadership and Health	30	SU2	Distance Learning	P: Subject to approval of the Head of School.
HLTH430	Motivating Behaviour Change I	30	S1	Manawa	P: Subject to approval of the Head of School
HLTH431	Motivating Behaviour Change II	30	S2	Manawa	P: Subject to approval of the Head of School, and HLTH430
HLTH448	The Foundation of Hospice Palliative Care	30	X	Distance Learning	P: Subject to approval of the Head of School
HLTH463	Whānau and Community Health	30	S1	Manawa	P: Subject to approval of the Head of School of Health Sciences R: HLTH456
HLTH467	Mental Health and Addictions	30	X	Manawa	P: Subject to the approval of the Head of School of Health Sciences R: HLTH454
HLTH469	Health Issues in the Community	30	NO		
SOWK612	Tino Rangatiratanga and Mana Motuhake in Practice	15	S1	Distance Learning	P: Subject to approval of the Head of Department. R: SOWK512