

A Career Decision Making Model

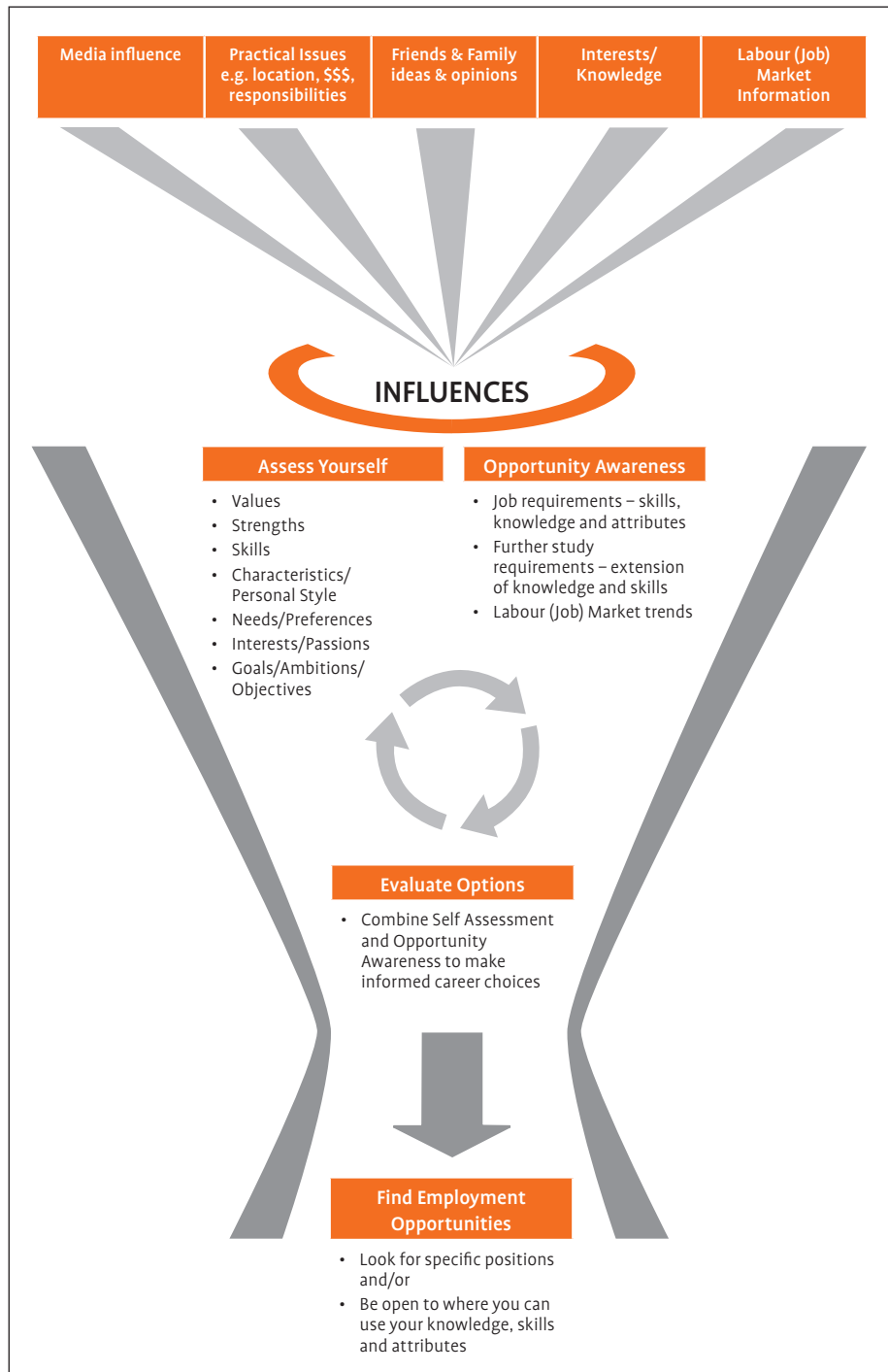
As a university graduate, you will have a range of career choices. Through academic study you will have developed valuable knowledge and skills, including the ability to think and communicate effectively, and a proven ability to learn.

Take the time to work out what your career choices are and what you really want to do, as making an informed decision will contribute to a successful and satisfying career path.

Career choice is an active process and should be a rewarding experience in its own right. Exploring the possibilities involves analysing yourself – what you want and what you have to offer – and finding out about different jobs in the labour market. This Model of Career Decision Making provides a framework to help you discover your options.

Resources to help

- Speak with a Career Consultant at Drop In.
- Book a one-to-one session with a Career Consultant at Careers, Internships & Employment.
- Refer to New Zealand and international based career planning and job search websites including:
 - www.canterbury.ac.nz/careers
 - www.careers.govt.nz
 - www.nzvcc.ac.nz (Go to Graduate Outcomes to find out where graduating students are employed)
 - www.prospects.ac.uk
 - www.gradlink.edu.au
 - www.career.fsu.edu
- Use the career planning card or make an appointment to use Career Voyage, a career guidance programme designed to assist you make good career decisions.
- Refer to 'Discover Your Options' Handouts at Careers, Internships & Employment, Okeover.
- Borrow a career planning book.
- Register on UC CareerHub (www.careerhub.canterbury.ac.nz) and learn more about the Student & Graduate Recruitment Programme, and Immediate Vacancies.
- Attend Employer Information sessions on campus as advertised on UC CareerHub under the Events section.



Talk with people who work in jobs you would like to do. (See the Discover Your Options Handout on 'Informational Interviews' for further information).